

# What is the Acquired Brain Injury Support Service?

An acquired brain injury (ABI) can occur to anyone at any time, often with profound and life-changing consequences for individuals, their families and friends.

The Open Minds Acquired Brain Injury Support Service provides specialist community based lifestyle and rehabilitation supports to individuals living with an ABI to assist them regain or develop their independence and participation in the community.

Open Minds provides an extensive outreach and mobile support service, providing support to clients in their own homes or rehabilitation facilities across South East Queensland. Promoting recovery and rehabilitation, we support individuals to develop the skills to meet the challenges they may face as they adjust post-injury and progress towards their rehabilitation and lifestyle goals.

## ABOUT OPEN MINDS

Open Minds supports men and women with mental illness, intellectual disability or acquired brain injury to live independently and well within the community.

Open Minds currently supports over 700 people throughout South East Queensland.

Services include lifestyle, residential and accommodation, mentoring, recovery and rehabilitation programs and support for people to find and sustain suitable employment.

Open Minds believes in an inclusive community and the rights of people with disability to live a life of choice, fulfilment and participation.

### *Our range of services include:*

- Acquired Brain Injury Support Service
  - Disability Employment Service
- Personal Helpers & Mentors Program
  - Lifestyle Support Service
  - Residential Support Service
- Lifelong Planning and Transition Support

## INFORMATION AND REFERRALS

### **Open Minds**

### **Acquired Brain Injury Support Service**

66 Annerley Road (PO Box 8142)

Woolloongabba QLD 4102

p: 07 3896 4222

f: 07 3896 4200

e: [abi@openminds.org.au](mailto:abi@openminds.org.au)



[openminds.org.au](http://openminds.org.au)



# Acquired Brain Injury Support Service

Community based support for people with a brain injury



## SERVICE APPROACH

Our community based psychosocial rehabilitation support is tailored to meet the often complex needs of individuals living with an ABI.

Individual Rehabilitation and Support Plans are developed with the client, their family and a team of professionals. These plans provide innovative and flexible programs which promote positive health and wellbeing to increase independence, choice and social inclusion.

Open Minds works collaboratively with insurers, allied health professionals, government bodies and legal representatives to achieve the optimum outcomes for our clients.



## REHABILITATION, SUPPORT AND COORDINATION

Our Support Worker teams are experienced and trained to meet individual needs and rehabilitation goals in the home and community.

Staff provide a range of specialised rehabilitation and psychosocial services to meet client needs. This may include life skills support to enable daily practical and personal tasks such as budgeting and shopping, and direct physical support, prompting and/or supervision, or extend to personal care such as bathing, dressing, grooming, hoisting and transfers.

Services include medication administration, feeding support, skin care and therapy exercises for those with continuing clinical and medical needs; and direct assistance for those requiring specialised cognitive and behavioural supports and aids.

Our staff also support clients to access medical and allied health specialists such as physiotherapists, occupational therapists, speech pathologists, counsellors and clinical psychologists as may be required.

## LIFESTYLE REHABILITATION PROGRAM

With each client and their families, we develop comprehensive individual plans establishing personal goals, encouraging community inclusion and connections. Individual plans are designed to enhance daily living skills, promote independence, participation and choice to achieve personal needs, goals and lifestyles.

## ABI SUPPORTED ACCOMMODATION PROGRAM

In addition to providing in home services, we also support a specialist ABI accommodation service in New Farm, Brisbane comprising individual studio apartments with 24 hour on site attendant support. The New Farm accommodation program won the 2008 Queensland Disability Action Week, Community Organisation award.

## ELIGIBILITY CRITERIA

Our ABI Support Service can provide services to you if you:

- Have a primary diagnosis of Acquired Brain Injury or Trauma
- Are 16 years of age or above
- Have private, insurance or government support funding.

# people supporting people

Quality Expertise Effectiveness Accountability